

Dydd Llun i ddydd Sadwrn (oni nodir fel arall) • Monday to Saturday (unless shown otherwise)

First Cymru

am/pm	⌘ am	am	am	pm	pm	⌘ pm	⌘ pm
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	7.30	8.45	10.45	12.45	3.05	4.10	6.40
Pibwrlwyd, Coleg/College	7.34	8.50	10.50	12.50	3.10	4.15	6.44
Cwmffrwd, gyferbyn Eglwys/opposite Church	7.36	8.52	10.52	12.52	3.12	4.17	6.46
Llangyndeyrn, gyferbyn lloches/opposite shelter	7.42	8.58	10.58	12.58	3.18	4.23	6.52
Crwbin, gyferbyn lloches/opposite shelter	7.45	9.01	11.01	1.01	3.21	4.26	6.55
Bancffosfelen, Ysgol/School	7.47	9.03	11.03	1.03	3.23	4.28	6.57
Pontyberem, Gorsaf/Station lloches/shelter cyr/arr	7.53	9.09	11.09	1.09	3.29	4.34	7.03
Pontyberem, Gorsaf/Station lloches/shelter gad/dep	7.55	9.11	11.11	1.11	3.31	4.36	7.03
Pont-henri, Heol y Pentre	8.02	9.18	11.18	1.18	3.38	4.43	7.10
Pont-iets, Gwendraeth	8.06	9.22	11.22	1.22	3.42	4.47	7.13
Cynheidre, lloches/shelter	8.10	9.26	11.26	1.26	3.46	4.51	7.17
Pum Heol/Five Roads, lloches/shelter	8.14	9.30	11.30	1.30	3.50	4.55	7.21
Ffwrnes/Furnace, Colliers Arms	8.18	9.34	11.34	1.34	3.54	4.59	7.25
Llanelli, Gorsaf Fysiau/Bus Station	8.24	9.40	11.40	1.40	4.00	5.05	7.31

Codau Diwrnodau/Day Codes	⌘	Sch	Hol	S	am	am	pm	⌘ Col pm	⌘ S+CH pm	⌘ pm
Sandy, Campws y Graig/Graig Campus	4.35
Llanelli, Gorsaf Fysiau/Bus Station cyr/arr	4.42
Llanelli, Gorsaf Fysiau/Bus Station gad/dep	6.15	7.15	7.15	7.45	9.45	11.45	2.05	4.45	4.45	5.45
Ffwrnes/Furnace, lloches/shelter	6.19	7.20	7.20	7.50	9.50	11.50	2.10	4.50	4.50	5.49
Pum Heol/Five Roads, Swyddfa Bost/Post Office	6.23	7.24	7.24	7.54	9.54	11.54	2.14	4.54	4.54	5.53
Cynheidre, sgwâr/square	6.27	7.28	7.28	7.58	9.58	11.58	2.18	4.58	4.58	5.57
Pont-iets, Rhydyffynnon	6.30	7.31	7.31	8.01	10.01	12.01	2.21	5.01	5.01	6.00
Pont-henri, Heol y Pentre	6.35	7.36	7.36	8.06	10.06	12.06	2.26	5.06	5.06	6.05
Pontyberem, Gorsaf/Station lloches/shelter cyr/arr	6.41	7.43	7.43	8.13	10.13	12.13	2.33	5.13	5.13	6.11
Pontyberem, Gorsaf/Station lloches/shelter gad/dep	6.41	7.45	7.45	8.15	10.15	12.15	2.35	5.15	5.15	6.11
Bancffosfelen, gyferbyn Ysgol/opposite School	6.47	7.51	7.51	8.21	10.21	12.21	2.41	5.21	5.21	6.17
Crwbin, lloches/shelter	6.49	7.53	7.53	8.23	10.23	12.23	2.43	5.23	5.23	6.19
Llangyndeyrn, Neuadd/Hall	6.52	7.56	7.56	8.26	10.26	12.26	2.46	5.26	5.26	6.22
Cwmffrwd, Eglwys/Church	6.58	8.02	8.02	8.32	10.32	12.32	2.52	5.32	5.32	6.28
Pibwrlwyd, gyferbyn Coleg/opposite College	7.00	8.04	8.04	8.34	10.34	12.34	2.54	5.34	5.34	6.30
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station cyr/arr	7.06	8.10	8.10	8.40	10.40	12.40	3.00	5.40	5.40	6.36
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station gad/dep	...	8.13
Tre-loan/Johnstown, Ysgol Uwch F.E./Q.E. High School	...	8.19

Col: Dyddiau Coleg (Llun i Gwener) yn unig • College days (Monday to Friday) only

Hol: Gwyliau Ysgol (Llun i Gwener) yn unig • School holidays (Monday to Friday) only

S: Dydd Sadwrn yn unig • Saturday only

Sch: Dyddiau Ysgol (Llun i Gwener) yn unig • School days (Monday to Friday) only

S+CH: ... Dydd Sadwrn a gwyliau Coleg (Llun i Gwener) yn unig • Saturday and College holidays (Monday to Friday) only

⌘ Yn Gweithredu ar ran Cyngor Sir Caerfyrddin • Operates on behalf of Carmarthenshire County Council

Fe all gwasanaeth dydd Sadwrn weithredu ar ddydd Gwener y Groglith ac ar ddyddiau'r wythnos yn ystod y Nadolig - gwiriwch cyn teithio
A Saturday service may operate Good Friday and on weekdays during the Christmas period, and evening journeys - please check before travelling

First Cymru, Heol Gwrosydd, Penlan, Abertawe/Swansea SA5 7BN ☎ 01792 572 255 🌐 www.firstgroup.com

Dydd Llun i ddydd Sadwrn • Monday to Saturday

First Cymru

am/pm	⌘ am	⌘ pm	am/pm	⌘ pm	⌘ pm
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	9.45	5.45	Llanelli, Gorsaf Fysiau/Bus Station	12.45	3.05
Pibwrlwyd, Coleg/College	9.50	5.50	Felin-foel, gyferbyn Bragdy/opposite Brewery	12.51	3.11
Cwmffrwd, gyferbyn Eglwys/opposite Church	9.52	5.52	Llannon, sgwâr/square	1.00	3.20
Llangyndeyrn, gyferbyn lloches/opposite shelter	9.58	5.58	Pontyberem, Coedlan Grugos/Grugos Avenue	1.11	3.31
Crwbin, gyferbyn lloches/opposite shelter	10.01	6.01	Pontyberem, Gorsaf/Station lloches/shelter	1.15	3.35
Bancffosfelen, Ysgol/School	10.03	6.03	Bancffosfelen, gyferbyn Ysgol/opposite School	1.21	3.41
Pontyberem, Coedlan Grugos/Grugos Avenue	10.11	...	Crwbin, lloches/shelter	1.23	3.43
Pontyberem, Gorsaf/Station lloches/shelter	10.15	6.11	Llangyndeyrn, Neuadd/Hall	1.26	3.46
Llannon, sgwâr/square	10.24	6.20	Cwmffrwd, Eglwys/Church	1.32	3.52
Felin-foel, Bragdy/Brewery	10.33	6.29	Pibwrlwyd, gyferbyn Coleg/opposite College	1.34	3.54
Llanelli, Gorsaf Fysiau/Bus Station	10.40	6.36	Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	1.40	4.00A

A: Ar ddiwrnodau Ysgol yn galw yn Ysgol Uwch y Frenhines Elisabeth am 4.00 p.m. ac yn cyrraedd yr Orsaf Fysiau 5 munud yn hwyrach
On school days calls at Queen Elizabeth High School at 4.00 p.m. and arrives at the Bus Station 5 minutes later

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Amserlen Bws Newydd o 6ed Ionawr 2020

New Bus Timetable from 6th January 2020

Caerfyrddin/Carmarthen - Llanelli
drwy/via Pontyberem - Pont-iets - Pum Heol/Five Roads

Gwasanaeth/Service 195
Yn weithredol/Effective from 06/01/2020

Dydd Llun i ddydd Sadwrn (oni nodir fel arall) • Monday to Saturday (unless shown otherwise)

First Cymru

Codau Diwrnodau/Day Codes am/pm	⌘				⌘		⌘	
	am	am	am	pm	Sch pm	S+SH pm	pm	pm
Tre-loan/Johnstown, Ysgol Uwch F.E./Q.E. High School	3.32
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station cyr/arr	3.42
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station gad/dep	7.15	9.15	11.15	1.15	3.45	3.45	5.45	6.45
Pibwrlwyd, Coleg/College	7.20	9.20	11.20	1.20	3.50	3.50	5.50	6.50
Cwmffrwd, gyferbyn Eglwys/opposite Church	7.22	9.22	11.22	1.22	3.52	3.52	5.52	6.52
Llangyndeyrn, gyferbyn lloches/opposite shelter	7.28	9.28	11.28	1.28	3.58	3.58	5.58	6.58
Crwbin, gyferbyn lloches/opposite shelter	7.31	9.31	11.31	1.31	4.01	4.01	6.01	7.01
Banffosfelen, Ysgol/School	7.33	9.33	11.33	1.33	4.03	4.03	6.03	7.03
Pontyberem, Sgwâr/Square lloches/shelter cyr/arr	7.40	9.40	11.40	1.40	4.10	4.10	6.09	7.09
Pontyberem, Sgwâr/Square lloches/shelter gad/dep	7.42	9.42A	11.42	1.42	4.12	4.12	6.11	7.11
Pont-henri, Heol y Pentre	7.49	9.49	11.49	1.49	4.19	4.19	6.17	7.17
Pont-iets, Gwendraeth	7.54	9.54	11.54	1.54	4.24	4.24	6.22	7.22
Cynheidre, lloches/shelter	7.56	9.56	11.56	1.56	4.26	4.26	6.24	7.24
Pum Heol/Five Roads, lloches/shelter	7.59	9.59	11.59	1.59	4.29	4.29	6.27	7.27
Ffwrnes/Furnace, Colliers Arms	8.04	10.04	12.04	2.04	4.34	4.34	6.31	7.31
Llanelli, Gorsaf Fysiau/Bus Station	8.09	10.09	12.09	2.09	4.39	4.39	6.36	7.36

Codau Diwrnodau/Day Codes am/pm	⌘				⌘		⌘		⌘	
	am	Sch am	S+SH am	am	am	pm	pm	Col pm	S+CH pm	pm
Sandy, Campws y Graig/Graig Campus	4.35
Llanelli, Gorsaf Fysiau/Bus Station cyr/arr	4.42
Llanelli, Gorsaf Fysiau/Bus Station gad/dep	6.15	7.15	7.15	8.15	10.15	12.15	2.15	4.45	4.45	5.45
Ffwrnes/Furnace, lloches/shelter	6.19	7.19	7.19	8.19	10.19	12.19	2.19	4.49	4.49	5.49
Pum Heol/Five Roads, Swyddfa Bost/Post Office	6.24	7.24	7.24	8.24	10.24	12.24	2.24	4.54	4.54	5.54
Cynheidre, sgwâr/square	6.27	7.27	7.27	8.27	10.27	12.27	2.27	4.57	4.57	5.57
Pont-iets, Rhydyffynnon	6.29	7.29	7.29	8.29	10.29	12.29	2.29	4.59	4.59	5.59
Pont-henri, Heol y Pentre	6.34	7.34	7.34	8.34	10.34	12.34	2.34	5.04	5.04	6.04
Pontyberem, Sgwâr/Square lloches/shelter cyr/arr	6.41	7.42	7.42	8.42	10.42	12.42	2.42	5.12	5.12	6.11
Pontyberem, Sgwâr/Square lloches/shelter gad/dep	6.42	7.44	7.44	8.44	10.44	12.44	2.44A	5.14	5.14	6.11
Banffosfelen, gyferbyn Ysgol/opposite School	6.48	7.50	7.50	8.50	10.50	12.50	2.50	5.20	5.20	6.18
Crwbin, lloches/shelter	6.50	7.52	7.52	8.52	10.52	12.52	2.52	5.22	5.22	6.20
Llangyndeyrn, Neuadd/Hall	6.53	7.55	7.55	8.55	10.55	12.55	2.55	5.25	5.25	6.23
Cwmffrwd, Eglwys/Church	6.59	8.04	8.01	9.01	11.01	1.01	3.01	5.31	5.31	6.29
Pibwrlwyd, gyferbyn Coleg/opposite College	7.01	8.06	8.04	9.04	11.04	1.04	3.04	5.34	5.34	6.31
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station cyr/arr	7.06	8.12	8.09	9.09	11.09	1.09	3.09	5.39	5.39	6.36
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station gad/dep	...	8.14
Tre-loan/Johnstown, Ysgol Uwch F.E./Q.E. High School	...	8.20

A:Cyslltiad gyda gwasanaeth 166 ar ddydd Llun i ddydd Gwener - yn aros hyd at 5 munud
Connection with service 166 on Mondays to Fridays - waits for up to 5 minutes

Col:Dyddiau Coleg (Llun i Gwener) yn unig • College days (Monday to Friday) only

S+CH: ...Dydd Sadwrn a gwyliau Coleg (Llun i Gwener) yn unig • Saturday and College holidays (Monday to Friday) only

Sch:Dyddiau Ysgol (Llun i Gwener) yn unig • School days (Monday to Friday) only

S+SH: ...Dydd Sadwrn a gwyliau Ysgol (Llun i Gwener) yn unig • Saturdays and School holidays (Monday to Friday) only

⌘ Yn gweithredu ar ran Cyngor Sir Caerfyrddin • Operates on behalf of Carmarthenshire County Council

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Sylwch o 6ed Ionawr 2020, ni fydd gwasanaeth 196 yn rhedeg mwyach.

Please note that from 6th January 2020, service 196 will no longer operate.

Dydd Llun i ddydd Sadwrn • Monday to Saturday

First Cymru

am/pm	am	am	am	pm	pm	pm	pm
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	...	8.20	10.20	12.20	2.20	4.20	6.05
Pibwrlwyd, Coleg/College	...	8.25	10.25	12.25	2.25	4.25	6.10
Cwmffrwd, gyferbyn Eglwys/opposite Church	...	8.27	10.27	12.27	2.27	4.27	6.12
Meinciau, sgwâr/square	7.36	8.36	10.36	12.36	2.36	4.36	6.21
Pont-iets, Rwyth Inn	7.43	8.43	10.43	12.43	2.43	4.43	6.28
Carwe, Swyddfa Bost/Post Office	7.46	8.46	10.46	12.46	2.46	4.46	6.31
Ffos-las, Cae Ras/Racecourse	7.47	8.47	10.47	12.47	2.47	4.47	6.32
Trimsaran, gyferbyn Clwb Rygbi/opposite Rugby Club	7.52	8.52	10.52	12.52	2.52	4.52	6.37
Ffwrnes/Furnace, Colliers Arms	8.05	9.05	11.05	1.05	3.05	5.05	6.50
Llanelli, Gorsaf Fysiau/Bus Station	8.11	9.11	11.11	1.11	3.11	5.11	6.56

am/pm	am	am	am	pm	pm	pm	⌘ pm
Llanelli, Gorsaf Fysiau/Bus Station	7.20	9.20	11.20	1.20	3.20	5.20	6.20
Ffwrnes/Furnace, Stradey Arms	7.25	9.25	11.25	1.25	3.25	5.25	6.25
Trimsaran, Clwb Rygbi/Rugby Club	7.38	9.38	11.38	1.38	3.38	5.38	6.38
Ffos-las, gyferbyn Cae Ras/opposite Racecourse	7.42	9.42	11.42	1.42	3.42	5.42	6.42
Carwe, gyferbyn Swyddfa Bost/opposite Post Office	7.44	9.44	11.44	1.44	3.44	5.44	6.44
Pont-iets, gyferbyn/opposite Rwyth	7.47	9.47	11.47	1.47	3.47	5.47	6.47
Meinciau, sgwâr/square	7.54	9.54	11.54	1.54	3.54	5.54	6.54
Cwmffrwd, Eglwys/Church	8.03	10.03	12.03	2.03	4.03
Pibwrlwyd, gyferbyn Coleg/opposite College	8.05	10.05	12.05	2.05	4.05
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	8.11	10.11	12.11	2.11	4.11

⌘ Yn gweithredu ar ran Cyngor Sir Caerfyrddin • Operates on behalf of Carmarthenshire County Council

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Dydd Llun i ddydd Sadwrn • Monday to Saturday

First Cymru, Morris Travel

Gweithredydd/Operator am/pm	⌘ FC am	⌘ MT am	⌘ MT pm	⌘ FC pm	⌘ MT pm
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	8.50	10.10	1.20	4.10	6.00
Pibwrlwyd, Coleg/College	8.55	10.15	1.25	4.15	6.05
Cwmffrwd, gyferbyn Eglwys/opposite Church	8.57	10.17	...	4.17	6.07
Idole, Ysgol/School	8.59	10.19	...	4.19	6.09
Croes-y-ceiliog, Pantglas	1.27
Llandyfaelog, lloches/shelter	9.03	10.23	1.32	4.23	6.13
Glanyfferi/Ferryside, sgwâr/square	9.12	10.33	1.42	4.32	6.22
Llansaint, gyferbyn Eglwys/opposite Church	9.22	10.43	1.52	4.42	6.32
Cydweli/Kidwelly, Porth y Castell cyr/arr	9.28	10.49	1.58A	4.48	6.38
Cydweli/Kidwelly, Porth y Castell gad/dep	9.30	4.50	...
Trimsaran, Heol Waunyclun	9.46	5.04	...
Trimsaran, gyferbyn Clwb Rygbi/opposite Rugby Club	9.48	5.06	...
Ffwrnes/Furnace, Colliers Arms	9.57	5.13	...
Llanelli, Gorsaf Fysiau/Bus Station	10.03	5.19	...

Gweithredydd/Operator am/pm	⌘ FC am	⌘ MT am	⌘ MT pm	⌘ FC pm	⌘ MT pm
Llanelli, Gorsaf Fysiau/Bus Station	7.35	2.20	4.20
Ffwrnes/Furnace, Stradey Arms	7.40	2.25	4.25
Trimsaran, Clwb Rygbi/Rugby Club	7.49	2.34	4.34
Trimsaran, Heol Waunyclun	2.36	4.36
Cydweli/Kidwelly, gyferbyn/opposite Porth y Castell cyr/arr	8.01	2.49	4.49
Cydweli/Kidwelly, gyferbyn/opposite Porth y Castell gad/dep	8.03	9.25B	12.35B	2.51	4.51
Llansaint, Eglwys/Church	8.09	9.31	12.41	2.57	4.57
Glanyfferi/Ferryside, sgwâr/square	8.19	9.41	12.51	3.07	5.07
Llandyfaelog, lloches/shelter	8.28	9.51	1.01	3.16	5.16
Croes-y-ceiliog, lloches/shelter	...	9.57
Idole, lloches/shelter	8.32	...	1.05	3.20	5.20
Cwmffrwd, Eglwys/Church	8.34	...	1.07	3.22	5.22
Pibwrlwyd, gyferbyn Coleg/opposite College	8.36	9.59	1.09	3.24	5.24
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	8.44	10.05	1.15	3.30	5.30

A:.....Yn mynd ymlaen i Fynyddygarreg a Phedair Heol fel gwasanaeth B5 • Continues to Mynyddygarreg and Four Roads as service B5

B:.....Daw'r bws o Fynyddygarreg a Phedair Heol fel gwasanaeth B5 • The bus comes from Mynyddygarreg and Four Roads as service B5

⌘ Yn Gweithredu ar ran Cyngor Sir Caerfyrddin • Operates on behalf of Carmarthenshire County Council

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Morris Travel, Heol Allt-y-cnap Road, Tre Ioan/Johnstown, Caerfyrddin/Carmarthen SA31 3QY

☎ 01267 235 090 🌐 www.morristravel.co.uk

Amserlen Bws Newydd o 6ed Ionawr 2020 New Bus Timetable from 6th January 2020

Dydd Llun i ddydd Sadwrn • Monday to Saturday

Morris Travel

am/pm	⌘ am	⌘ pm	⌘ pm	⌘ pm	am/pm	⌘ am	⌘ am	⌘ pm	⌘ pm
Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	8.55	1.10	4.10	6.00	Pedair Heol/Four Roads, lloches/shelter	7.50	9.51	2.10	5.06
Pibwrlwyd, Coleg/College	9.00	1.15	4.15	6.05	Mynyddygarreg, Prince of Wales	7.52	9.53	2.12	5.08
Cwmffrwd, gyferbyn Eglwys/opposite Church	9.02	...	4.17	6.07	Cydweli/Kidwelly, Co-op	7.57	9.58	2.17	5.13
Idole, Ysgol/School	9.04	...	4.19	6.09	Cydweli/Kidwelly, Gorsaf Trên/Rail Station	...	10.04
Croes-y-ceiliog, Pantglas	...	1.17	Cydweli/Kidwelly, gyf/opp Porth y Castell cyr/arr	8.00	10.07	2.20	5.16
Llandyfaelog, lloches newydd/new shelter	9.08	1.22	4.23	6.13	Cydweli/Kidwelly, gyf/opp Porth y Castell gad/dep	8.02	10.09	2.22	5.16
Glanyfferi/Ferryside, sgwâr/square	9.18	1.32	4.33	6.22	Llansaint, Eglwys/Church	8.08	10.15	2.28	5.22
Llansaint, gyferbyn Eglwys/opposite Church	9.28	1.42	4.43	6.31	Glanyfferi/Ferryside, sgwâr/square	8.18	10.25	2.38	5.32
Cydweli/Kidwelly, Porth y Castell cyr/arr	9.33	1.48	4.48	6.36	Llandyfaelog, lloches/shelter	8.28	10.35	2.48	5.41
Cydweli/Kidwelly, Porth y Castell gad/dep	9.35	1.50	4.50	6.36	Croes-y-ceiliog, Pantglas lloches/shelter	...	10.41
Cydweli/Kidwelly, Gorsaf Trên/Rail Station	...	1.53	Idole, lloches/shelter	8.32	...	2.52	5.45
Cydweli/Kidwelly, Co-op	9.38	1.57	4.53	...	Cwmffrwd, Eglwys/Church	8.34	...	2.54	5.47
Mynyddygarreg, hên Swyddfa'r Post/old Post Office	9.44	2.03	4.59	...	Pibwrlwyd, gyferbyn Coleg/opposite College	8.36	10.43	2.56	5.49
Pedair Heol/Four Roads, lloches/shelter	9.50	2.09	5.05	6.45R	Caerfyrddin/Carmarthen, Gorsaf Fysiau/Bus Station	8.43	10.49	3.03	5.56

R:.....Yn mynydd ymlaen i Pedair Heol ar gais yn unig • Continues to Four Roads on request only

⌘ Yn Gweithredu ar ran Cyngor Sir Caerfyrddin • Operates on behalf of Carmarthenshire County Council

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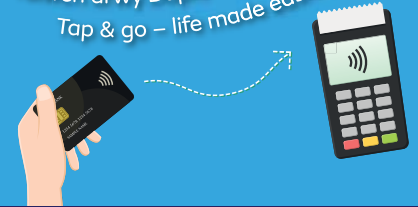
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Every effort is made to ensure that the information contained in these timetables is correct, but details of times, routes and fares may change at short notice. The publishers cannot accept responsibility for any inaccuracies or late alterations. **Passengers are advised to check journey details before travelling, and to be at the stop in advance of the advertised departure time.**

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